



## Mentee Individual Development Plan

This plan is adapted from the mentee development plan provided by the UCSF Department of Radiology and Biomedical Imaging resources online. It is specifically for mentees and designed to help mentors and mentees to get the most out of their sessions together, and to help focus the conversation to areas most needed by the mentee. It can be used to help identify professional development needs and/or career objectives for the mentee.

Step 1: Identify mentee's current skills and strengths, and areas for potential further development

Step 2: Long- and short-term goals – mentee to decide upon short-term (1 year) and long-term (5+ years) career goals.

- Career Advancement Goals – to help you move forward in your career (including CPD)
- Skills Goals – to help improve upon weaknesses in knowledge & skills
- Project Goals – to keep on top of current and future projects
- Consider with mentor ways in which mentee can reach their development goals – plan and strategy.
- Decide when to review.

Name:

Date:

### **A: Career & Professional Goals**

1. For the coming year:

a. Barriers to achieving those goals?

b. Strategies and resources?

2. Longer-term goals (3-5 years):

a. Barriers to achieving those goals?

b. Strategies and resources?

**B: Skills:**

1. What further research skills could you acquire to help you achieve your goals?

2. What further teaching skills could you acquire to help you achieve your goals?



## **C: Projects**

1. What is your current project idea and what do you hope to achieve?
2. Have you identified potential funding sources?
3. What resources would you need to embark upon this project?
4. What steps can you identify for progressing with this project? What timeline can you put in place for achieving these steps?
5. What is the potential impact of and outcomes for this project

